

# Easy Read Version of Neath Port Talbot Council's Plan for Adult Social Care 2019 - 2022





### What is the Plan?



The plan describes how Neath Port Talbot Council will meet the social care needs of local people.



The plan tells us how Adult Social Services will make sure people with a disability or age related frailty in Neath Port Talbot have the same opportunities and choices as everyone else.



This plan was written by staff from Neath Port Talbot Council and was consulted on widely.

## What does Neath Port Talbot Council want out of the Plan?

We want to make sure that
everyone can benefit from living in
safe and resilient communities, and
that they get the right
information, advice and assistance
to help keep them safe, well and
independent as possible.

Our goal is to keep people as independent as possible for as long as possible. This can include short term help which reduces the need for long term care, or services which help people to regain their independence.

#### **Our Priorities**

The plan has a number of areas:

#### Early Intervention & Prevention

By helping people to access simple support services, and better targeted early interventions, we will prevent or delay a loss of independence.

#### Helping people help themselves

By "Building Safe and Resilient Communities" we want to identify community based services that better meet people's needs.

#### Safeguarding

People should feel safe in their homes and communities.

#### Older People's Services

People prefer to live in their own homes and communities.

Wherever possible, we will try to ensure the right support is available to achieve this.

#### Learning Disabilities & Mental Health Services

We want our services to have a positive impact on people's lives. We will work with partners to promote people's strengths and independence, and make sure they get the care they need based on what they want to achieve.

#### Supporting Carers

We want carers to be able to access a range of services and assistance to support them in their caring role, and help the cared for person where possible.